

August 1, 2006

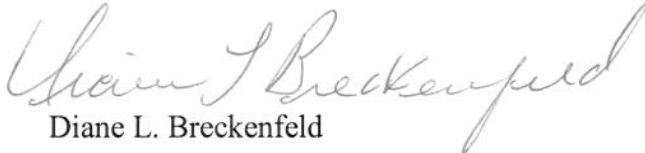
Dear Colleague:

I would like to recommend Christina Carpentier to anyone who needs inspiration, coaching, and shifting. Christina has helped me in my professional life, as well as my personal life, for several years. I never had a coach, before I met Christina, and will never need to look for another, as, she has continued to demonstrate her skills and wisdom in coaching me, with all aspects of my life.

My first experience with Christina Carpentier's coaching, was when I was working my way up the corporate ladder of a Fortune 500. I enjoyed my work at this company and also enjoyed the different positions that I held. I applied for a position and Christina coached and helped me shift my focus to enable me to bring out the "best" in me, during the grueling interviews. I did not get the job in the end, but what Christina continued to guide me on, was to see the "big picture". When I looked back, I was proud of myself, because I was able to move to the 2<sup>nd</sup> round of interviews and went further than most of the candidates who had a more appropriate background, required for that job. Due to Christina's coaching, I learned how to release my disappointment, and recognized that I was still successful in my endeavors to expand my horizons. With Christina's inspirational coaching, I finally realized what I really wanted to do, and that was to work in the Legal Department of this corporation. Christina, coached me, and I was able to "fine-tune" my interview skills. I focused on obtaining a position in the Corporate Legal Department, and I was successful! I started in an entry level 4 years ago, left that Corporation I started in and was hired by another Corporation at a senior level. I have expanded my horizons as my work encompasses business on an International Level.

I am thankful that I have Christina Carpentier in my life. She has helped me shift and transform my perspective into a place where I can work through the obstacles and reach my goals. I have evolved over the years, to a higher level of awareness in my life and in my career, with the help of Christina's inspirational coaching. I look forward to my continued growth and shifting in all aspects of my life, with Christina's guidance.

Sincerely,



Diane L. Breckenfeld